



For a Better You

Explore a variety of relaxing and invigorating yoga movements and poses. Classes are led by instructor, Bonnie Russell.

Mondays
5:30-6:30 PM

101 East 4th Street
Laurel, DE 19956
(302) 875-3184

MADE POSSIBLE WITH SUPPORT FROM THE MARGARETTE HUGHES ELEY FUND
OF THE DELAWARE COMMUNITY FOUNDATION

